

**Application for *Shakti Rising Women's Yoga Retreat*  
With Wendy and Uma, Somerset, Sunday 3 –Thursday 7 June 2007**

*One form per person please. Block letters please.*

Name:

Address:

Phone Number/s: Land/ Mobile:

E-mail address:

**Days attending, please tick relevant section and provide dates as necessary.  
We encourage full stay attendance wherever possible.**

\_\_\_\_\_ Full Stay, including the day workshop in Glastonbury on Sunday (women only), then arriving EarthSpirit on Sunday evening, leaving after lunch on Thursday:  
£385 full price / £365 early bird booking price full stay (before 31 March)

\_\_\_\_\_ Glastonbury workshop on Sunday (women only) £50, including meal, but no b&b.

\_\_\_\_\_ Short stay pricing £50 per day (any day/s, including meals, but no b&b).  
Please state which day/s attending

\_\_\_\_\_ Short stay pricing: £73 per day (any day/s including meals and b&b).  
Please state above which day/s attending and which nights B&B

\_\_\_\_\_ You are welcome to bring your baby with you to EarthSpirit Sunday evening to Thursday at no extra charge. Please tick above if you're bringing a baby.

Price should not be a barrier to attendance, please call us on 020 8678 0054 to discuss concessionary rates and skills/energy exchange options.

Please take the time to respond to the following queries:

1. Experience of practising/teaching yoga or any other disciplines eg. T'ai Chi, belly dancing etc. (note - no experience necessary). Please write overleaf.
2. Please detail over leaf any medical condition which needs to be taken into account in your practice of Yoga (eg. pregnancy, breast-feeding, back problems, joints etc.). Please write overleaf.
3. Are there any aspects of femininity which particularly appeal to you, either as an area of exploration or as something you might like to offer to the group? Please write overleaf.

Please list any other relevant factors overleaf if necessary.

I enclose a cheque for the full cost of my stay at *Shakti Rising* as detailed above,  
£ \_\_\_\_\_ made out to Uma Dinsmore-Tuli.

Signed: ..... Date: .....

Please send to Shakti Bookings, Sitaram, 7 Holmewood Gardens, London SW2 3RS.  
*Please keep a copy of this form for your records.*