

Time / Space	<b>SATURDAY 29<sup>th</sup> MAY - SATURN'S DAY</b>				
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	<b>EARTH/PRITHVI DOME</b>	<b>WATER/APAS DOME</b>	<b>FIRE/AGNI DOME</b>	<b>BHAKTI DOME/VAYU</b>	<b>SHANTI DOME/AKASH</b>
0700-0900	SURYA NAMASKAR VARIATIONS Frances	WOMB YOGA AWAKENINGS with Asana and mantra - Uma	ASHTANGA VINYASA YOGA Chris	0745 - 0900 DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	KUNDALINI YOGA James	KIDS YOGA over 4 Debbie  KNIFE SKILS & AXEWORK Kwan. Meet main fire circle.	SHADOW YOGA Sasha	Bhakti space free for devotional sharing, practice and song.	1030 YOGA with BABIES toddlers welcome Emma
1200-1400	QI GONG (or outside) 1200-1300 Jacob	1330-1400 PARENTS' MEETING For all parents with children on site	LUNCHTIME 1200-1400 LUNCHTIME Free domes available for healers and therapist appointments.		
1400-1600	LAUGHTER YOGA Carrie	ACRO YOGA - ALI  1400 WILDLIFE WALK - meet Richard main circle.	AYURVEDIC YOGA VINYASAS Yogini Uma	TAIZÉ Chrissie & Friends	YOGA GAMES kids over 9 yrs Veronika  1500 YANTRA & MANDALAS
1630 - 1800	VINYASA FLOW Jennie	SHAKTI DANCE Anjali  ART IN THE WOODS Angie. All ages. Meet main circle	1600-1830 FIRE FOR KIDS Meet Chris main circle  TRANCE AND TRANSFORMATION Nirlipta	Bhakti space free for devotional sharing, practice and song	1730-1800 Silent Sitting, all welcome.
1900-2130	<b>2000 OPENING FIRE MEETING/INVOCATION:</b> please gather around COMMUNAL CAMP FIRE IN THE MAIN CIRCLE for meeting, greeting and guidelines. <b>AFTER SUNSET - Star gazing with Supernova PUMP and friends / Meet main fire circle.</b>		<b>1900 - OPENING EVENING BHAKTI YOGA (DEVOTIONAL SONG) IN VAYU, the BHAKTI DOME:</b> DAILY BABAJI ARATI (Thrish & Tom) 1900-1930 FOLLOWED BY BHAJANS (Bharati & Dinesh & Friends) All welcome, join us when you can and stay as long as you are able		
<b>22.30 QUIET PLEASE EVERYONE. REALLY. QUIET. Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI</b>					

PLEASE NOTE - THIS IS A PROVISIONAL SCHEDULE ONLY, AND IS WIDE OPEN TO THE POSSIBILITY OF CHANGE, LOCATION SWAP, AND THE UNFORESEEN ADDITION OF SURPRISING SPONTANEOUS DELIGHTS. **Session timings are approximate, and may be lengthened or shortened at discretion of workshop leader. Adapt, adjust, accommodate, ENJOY!**

Time / Space	<b>SUNDAY 30<sup>th</sup> MAY - SUN'S DAY</b>				
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	<b>EARTH/PRITHVI DOME</b>	<b>WATER /APAS DOME</b>	<b>FIRE/ AGNI DOME</b>	<b>BHAKTI DOME / VAYU</b>	<b>SHANTI DOME / AKASH</b>
0700-0900	DYNAMIC FLOWING HATHA including some partner stuff Katriye	0730 GENTLE YOGA Babies and children welcome. Lucy	ASHTANGA VINYASA YOGA Sally/ Anna	0745 – 0900 DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	KUNDALINI YOGA James	KIDS' YOGA over 4 Debbie  SHELTER BUILDING & FIRE MAKING Kwan. Meet main fire circle.	SHADOW YOGA Sasha	Bhakti space free for devotional sharing, practice and song.	1000 BABY MASSAGE Claire 1030 YOGA with BABIES toddlers welcome Anna R/ Emma / Uma
1200-1400	QI GONG (or outside) 1200-1300 Jacob	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 – 1400 YOGA NIDRA option. Uma.
1400-1600	LAUGHTER YOGA Long workshop with Carrie	SCARAVELLI YOGA Claudia	AYURVEDIC YOGA VINYASAS Yogini Uma	TAIZÉ Chrissie & Friends	1400 – 1500 CRAFTS. Nicole & friends  1500-1600 SINGING FOR CHILDREN 0-6 Dave and Anna
1630 - 1800	30 minute LAUGHTER YOGA taster Carrie  1700-1800 RESTORATIVE YOGA - Frances	YANTRA & MANDALA COLOURING. Annette. All ages. ART IN THE WOODS Angie. All ages. Meet main circle.	1600-1830 FIRE FOR KIDS Meet Chris main circle.  TRANCE & TRANSFORMATION Nirlipta	Bhakti space free for devotional sharing, practice and song	1730-1800 Silent Sitting, all welcome.
Evening Activities	2000 COMMUNAL CAMP FIRE IN THE MAIN CIRCLE 2030 SHAKTI DANCE in Earth Dome – Anjali AFTER SUNSET – Fire Dancing, Debbie. Star gazing with Supernova PUMP and friends		1930 <b>EVENING BHAKTI YOGA (DEVOTIONAL SONG)</b> IN VAYU, the BHAKTI DOME BHAJANS with Bharati & Dinesh & Friends. All welcome, join us when you can and stay as long as you are able		
<b>22.30 QUIET PLEASE EVERYONE. REALLY. QUIET.</b> Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI					

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Time / Space	MONDAY 31 <sup>st</sup> MAY - MOON'S DAY				
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	EARTH/PRITHVI DOME	WATER /APAS DOME	FIRE/ AGNI DOME	BHAKTI DOME / VAYU	SHANTI DOME / AKASH
0700-0900	FLUID YOGA Emma	SCARAVELLI YOGA Claudia	ASHTANGA VINYASA YOGA Sally / Anna	0745 – 0900  DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	SATYANANDA YOGA Shambhavi	KIDS YOGA over 4 Yogini Uma  TRACKING AND STALKING Kwan. Meet main fire circle.	SHADOW YOGA Sasha	Bhakti space free for devotional sharing, practice and song.	1030 YOGA with BABIES toddlers welcome Anna R/ Emma
1200-1400	QI GONG (or outside) 1200-1300 Jacob	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 – 1400 YOGA NIDRA option. Uma.
1400-1600	SANTOSA YOGA BAZAAR (outside) Come bring, come buy!	LAUGHTER YOGA Carrie  1630 – 1800 GENTLE YOGA Lucy Babies/ kids welcome	SHAKTI DANCE Anjali  WILDLIFE WALK – meet Richard main circle 1430  1600 start ACRO YOGA All	AUTHENTIC MOVEMENT EXPLORATIONS Long workshop with Helen  1600-1830 FIRE FOR KIDS Meet Chris main circle	1400-1500 SINGING FOR CHILDREN 0-6 Dave and Anna 1  500 - 1600 BHAJANS FOR BEGINNERS (Bharati & Dinesh)  Bhakti space free for devotional sharing, practice and song
1630 - 1800					1630 -1730 YANTRA & MANDALA COLOURING. All ages  1730-1800 Silent Sitting, all welcome.
Evening Activity	2000 COMMUNAL CAMP FIRE IN THE MAIN CIRCLE. AFTER SUNSET: Badger watching – meet main circle Star gazing with Supernova PUMP and friends		EVENING BHAKTI YOGA 1900 - 1930 DAILY BABAJI ARATI. Thrish & Tom 1930 FOLLOWED BY BHAJANS Thrish & Tom & Friends IN VAYU, the BHAKTI DOME All welcome, join us when you can and stay as long as you are able		
22.30 QUIET PLEASE EVERYONE. REALLY. QUIET. Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI					

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Time / Space	TUESDAY 1 <sup>st</sup> JUNE - MAR'S DAY				
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	EARTH/PRITHVI DOME	WATER /APAS DOME	FIRE/ AGNI DOME	BHAKTI DOME / VAYU	SHANTI DOME / AKASH
0700-0900	FLUID YOGA Emma	AYURVEDIC YOGA VINYASAS Yogini Uma	0730 start GENTLE YOGA Lucy Babies and children welcome	0745 – 0900  DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	SATYANANDA YOGA Shambhavi	KIDS YOGA Debbie	SHADOW YOGA Sasha	Bhakti space free for devotional sharing, practice and song.	1000 BABY MASSAGE Claire  1030 YOGA with BABIES toddlers welcome Anna/ Emma
1200-1400	QI GONG (or outside) 1200-1300 Jacob	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 – 1400 YOGA NIDRA option. Uma.
1400-1600	1430 start  DYNAMIC FLOWING HATHA including some partner stuff Katriye.	YOGA BASS VINYASA Tessa	1430 start AUTHENTIC MOVEMENT Long workshop with Helen	1500 - 1600 RHYTHM FOR BHAJANS WORKSHOP (Tom & Dinesh)	CRAFTS. Nicole & friends  YANTRA & MANDALA COLOURING. Annette. All ages.
1630 -1800		FAMILY FLYING FUN Informal partner yoga for adults/children/ all ages. Uma	1430 AXE and woodcraft skills for kids Meet PUMP and friends main circle	Bhakti space free for devotional sharing, practice and song.	1730-1800 Silent Sitting, all welcome.
Even tide	<b>2000 COMMUNAL CAMP FIRE IN THE MAIN CIRCLE.</b> <b>AFTER SUNSET: Badger watching – meet main circle</b> <b>Star gazing with Supernova PUMP AND FRIENDS</b>		<b>EVENING BHAKTI YOGA</b> 1900 - 1930 DAILY BABAJI ARATI. Thrish & Tom 1930 FOLLOWED BY BHAJANS Thrish & Tom & Friends IN VAYU, the BHAKTI DOME All welcome, join us when you can and stay as long as you are able		
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Time / Space	WEDNESDAY 2 <sup>nd</sup> JUNE - MERCURY'S DAY				
<b>Near mush -room</b>	0430-0515: Dawn Mantra: 108 Gayatri; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	<b>EARTH/PRITHVI DOME</b>	<b>WATER /APAS DOME</b>	<b>FIRE/ AGNI DOME</b>	<b>BHAKTI DOME / VAYU</b>	<b>SHANTI DOME / AKASH</b>
<b>0700-0900</b>	WOMB YOGA AWAKENINGS Uma	DYNAMIC FLORING HATHA WITH SOME PARTNER YOGA Katriye	ASHTANGA VINYASA YOGA Chris	0745 – 0900  DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
<b>0930-1000</b>	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
<b>1000-1200</b>	SATYANANDA YOGA Frankie	KIDS YOGA Yogini Uma	KASHMIR YOGA Veronika	Bhakti space free for devotional sharing, practice and song.	1030 YOGA with BABIES toddlers welcome Uma / Anna/ Emma
<b>1200-1400</b>	Available for therapist appointments	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 – 1400 YOGA NIDRA option. Uma.
<b>1400-1600</b>	1430 start: NADA YOGA Long workshop with Stefan	VINYASA FLOW Jennie  1430 start DEER STALKING. 5 max. Meet Jason main circle Or AXE SKILLS, meet PUMP and friends main circle.	SCARAVELLI YOGA Claudia	1400-1500 SINGING FOR CHILDREN 0-6 Dave and Anna  1500 - 1530 SATSANG: EXPERIENCES WITH BABAJI (Thrish & Tom)	CRAFTS. Nicole & friends  1630 -1730 YANTRA & MANDALA COLOURING. All ages.
<b>1630 -1800</b>	Nada yoga continues with Stefan	ART IN THE WOODS With Angie. All ages. Meet main circle.	BLOOD WISDOM WOMB YOGA Women's talk & chill. Uma	Bhakti space free for devotional sharing, practice and song.	1730-1800 Silent Sitting, all welcome
<b>Evening</b>	<b>2000 COMMUNAL CAMP FIRE IN THE MAIN CIRCLE AFTER SUNSET – Fire Dancing, Debbie. Star gazing with Supernova PUMP AND FRIENDS</b>		EVENING BHAKTI YOGA 1900 - 1930 DAILY BABAJI ARATI. Thrish & Tom 1930 FOLLOWED BY BHAJANS Thrish & Tom & Friends IN VAYU, the BHAKTI DOME All welcome, join us when you can and stay as long as you are able		
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Time / Space	THURSDSDAY 3 <sup>rd</sup> JUNE - JUPITER'S DAY				
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	EARTH/PRITHVI DOME	WATER /APAS DOME	FIRE/ AGNI DOME	BHAKTI DOME / VAYU	SHANTI DOME / AKASH
0700-0900	SATYANANDA YOGA Barry	SURYA NAMASKAR VARIATIONS Frances	DYNAMIC FLOWING HATHA YOGA with some PARTNER WORK Katriye	0745 – 0900  DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	ASHTANGA VINYASA YOGA Jennie	KIDS YOGA yogini Uma	KASHMIR YOGA Veronika	Bhakti space free for devotional sharing, practice and song.	1000 BABY MASSAGE Claire  1030 YOGA with BABIES toddlers welcome Anna/ Emma
1200-1400	Available for therapist appointments	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 – 1400 YOGA NIDRA option. Uma.
1400-1600	GONG SAVASANA Stefan	1430 start GENTLE YOGA Lucy Babies and children welcome  1400 ART IN THE WOODS With Angie. All ages. Meet main circle.	SCARAVELLI YOGA Claudia	1400-1500 SINGING FOR CHILDREN 0-6 Dave and Anna  1500 - 1530 SATSANG: EXPERIENCES WITH AMMA (Bharati & Dinesh)	CRAFTS. Nicole & friends  YANTRA & MANDALA COLOURING. All ages.  1730-1800 Silent Sitting, all welcome.
1630 -1800	YOGA BASS VINYASAS Tessa	WEAVING FOR KIDS Uma	EMOTIONAL FREEDOM TECHNIQUE Carrie	Bhakti space free for devotional sharing, practice and song.	
Even tide	<b>2000 COMMUNAL CAMP FIRE IN THE MAIN CIRCLE AFTER SUNSET. Badger watching. Bat watching. Star gazing with Supernova PUMP AND FRIENDS</b>		EVENING BHAKTI YOGA 1900 - 1930 DAILY BABAJI ARATI. Thrish & Tom 1930 FOLLOWED BY BHAJANS Thrish & Tom & Friends IN VAYU, the BHAKTI DOME All welcome, join whenyou can, stay as long as you like		
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Time / Space	FRIDAY 4 <sup>th</sup> JUNE - VENUS' DAY				
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	EARTH/PRITHVI DOME	WATER /APAS DOME	FIRE/ AGNI DOME	BHAKTI DOME / VAYU	SHANTI DOME / AKASH
0700-0900	SATYANANDA YOGA Barry	SURYA NAMASKAR VARIATIONS Frances	DYNAMIC FLOWING HATHA YOGA with some PARTNER WORK Katriye	0745 – 0900  DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	KUNDALINI YOGA James	KIDS YOGA Debbie	KASHMIR YOGA Veronika	Bhakti space free for devotional sharing, practice and song.	1030 YOGA with BABIES toddlers welcome Uma / Anna/ Emma
1200-1400	Available for therapist appointments	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 – 1400 YOGA NIDRA option. Uma.
1400-1600	1430 start NADA YOGA Stefan	YOGA AND THE BEAST Bryony  ART IN THE WOODS. Angie. All ages.Meet main circle 1430	SCARAVELLI YOGA Claudia	1500 - 1600 SATSANG: EXPERIENCES WITH YOGA, VEDANTA & BHAGAVAD GITA (Barry)	CRAFTS. Nicole & friends  YANTRA & MANDALA COLOURING. Annette. All ages.
1630 - 1800	More NADA YOGA Stefan	WEAVING FOR KIDS Uma	EMOTIONAL FREEDOM TECHNIQUE Carrie	Bhakti space free for devotional sharing, practice and song	1730-1800 Silent Sitting, all welcome.
Evening	2000 COMMUNAL CAMP FIRE IN THE MAIN CIRCLE <b>AFTER SUNSET – Badgers and bats to watch.</b> <b>Star gazing with Supernova PUMP AND FRIENDS</b> Fire dancing - Debbie		EVENING BHAKTI YOGA 1900 - 1930 BHAJANS & AMMA ARATI Bharati & Dinesh & Friends IN VAYU, the BHAKTI DOME All welcome, join us when you can and stay as long as you are able		
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Time / Space	SATURDAY 5 <sup>th</sup> JUNE - SATURN'S DAY				
Near mush -room	0430-0500: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.				
	EARTH/PRITHVI DOME	WATER /APAS DOME	FIRE/ AGNI DOME	BHAKTI DOME / VAYU	SHANTI DOME / AKASH
0700-0900	0500 KUNDALINI SADHANA 0700 KUNDALINI YOGA James	SURYA NAMASKAR VARIATIONS PLUS Frances	DYNAMIC FLOWING HATHA YOGA with some PARTNER WORK Katriye	0745 - 0900  DAILY 108 NAMES OF AMMA, FOLLOWED BY BHAJANS & ARATI (Bharati & Dinesh)	0630-0700 Silent Sitting, all welcome.  0700-1000 Available for therapist appointments
0930-1000	<b>DAILY MORNING MEETING:</b> SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help!  <b>1000 GOATS' BREAKFAST:</b> Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.				
1000-1200	SATYANANDA YOGA Barry	KIDS YOGA Debbie  BUSHCRAFT with Kwan. Meet main fire circle.	KASHMIR YOGA Veronika	Bhakti space free for devotional sharing, practice and song.	1000 BABY MASSAGE Claire  1030 YOGA with BABIES toddlers welcome Uma / Anna/ Emma
1200-1400	Available for therapist appointments	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments.			1340 - 1400 YOGA NIDRA option. Uma.
1400-1600	SANTOSA YOGA BAZAAR (outside) Come bring, come buy!	1430 start NADA YOGA workshop with Stefan	FLUID YOGA Emma  WILDLIFE WALK Meet Richard main circle 1430	YOGA AND THE BEAST Bryony	1500 - 1530 SATSANG; EXPERIENCES WITH SATYANANDA (Nirlipta and Uma)  CRAFTS. Nicole & friends YANTRA & MANDALA COLOURING. Annette. All ages.
1630 - 1800			FAMILY FLYING FUN informal partner yoga for adults/kids/all ages. Uma	YOGA BASS VINYASA Tessa	Bhakti space free for devotional sharing, practice and song.  1730-1800 Silent Sitting, all welcome.
Evening	2000 CLOSING CEREMONY, gather round COMMUNAL CAMP FIRE IN THE MAIN CIRCLE			CLOSING EVENING BHAKTI YOGA 1900 - 1930 BHAJANS & AMMA ARATI Bharati & Dinesh & Friends 1930 BHAJANS IN VAYU, the BHAKTI DOME All welcome, join us when you can and stay as long as you are able	
<b>22.30 QUIET PLEASE EVERYONE. REALLY. QUIET. Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI</b>					

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