

Time / Space	THURSDAY 2nd JUNE - JUPITER'S DAY			
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.			
	EARTH/PRITHVI DOME	FIRE/AGNI DOME	SHANTI DOME/ VAYU	BHAKTI DOME/ AKASH
0700-0900	AYURVEDIC YOGA VINYASAS Uma Yogini	NAAM YOGA Ian	0800 – 0900 BABY YOGA toddlers welcome. Teacher TBC	0630-0700 Silent Sitting, all welcome 0730 – 0800 108 NAMES OF AMMA Bharati & Dinesh 0800 BHAJANS Habiba and Buddhenath
0930-1000	DAILY MORNING MEETING: SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help! GOATS' BREAKFAST 1000: Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.			
1000-1200	DYNAMIC FLOWING HATHA YOGA Katriye	SHADOW YOGA Sasha	KIDS YOGA GAMES over 8s / Veronika 1030 WILD WOOD activities – Lauren meet main fire	SINGING for the fives and under & friends Anna Optional BABY YOGA on request to follow!
1200-1400	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments. OUTSIDE IF FINE FROM 1300: CAPOEIRA			1340-1400 YOGA NIDRA Uma & friends
1400-1600	EMOTIONAL FREEDOM TECHNIQUE Intro to using EFT for Hayfever / Carrie	YOGA OF THE VOICE Stefan	WILDLIFE WALK Meet main fire circle KIDS YOGA Tanya	INTRODUCTION to BHAKTI YOGA Workshop. Bharati & Dinesh
1630 -1800	PURE 5 RHYTHMS (Dance) Leigh	KUNDALINI YOGA Anjali	KIDS ARTS & CRAFTS Nicole YANTRAS & MANDALAS Colouring	1630-1700 HANUMAN CHALISA and DEVI PUJA (chanting) Uma 1700-1900 Available for therapist appointments
1900-2130	1900 OPENING FIRE MEETING/INVOCATION: please gather around COMMUNAL CAMP FIRE IN THE MAIN CIRCLE for meeting, greeting and guidelines. 1930 YOGA DANCE (Fire dome) Helen		1930 OPENING EVENING BHAKTI YOGA (DEVOTIONAL SONG) IN VAYU, the BHAKTI DOME: EVENING BHAJANS & BABAJI ARATI (Thrish & Tom) All welcome, join us when you can and stay as long as you are able	
22.30	QUIET PLEASE EVERYONE. REALLY. QUIET. Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI			

PLEASE NOTE – THIS IS A PROVISIONAL SCHEDULE ONLY, AND IS WIDE OPEN TO THE POSSIBILITY OF CHANGE, LOCATION SWAP, AND THE UNFORESEEN ADDITION OF SURPRISING SPONTANEOUS DELIGHTS. **Session timings are approximate, and may be lengthened or shortened at discretion of workshop leader. Adapt, adjust, accommodate, ENJOY!**

Time / Space	FRIDAY 3rd JUNE - SATURN'S DAY			
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.			
	EARTH/PRITHVI DOME	FIRE/AGNI DOME	SHANTI DOME/ VAYU	BHAKTI DOME/ AKASH
0700-0900	SEASONAL YOGA Catherine	FLUID YOGA Emma	0800 Start PARENT & BABY YOGA Lucy	0630-0700 Silent Sitting, all welcome 0730 - 0800 108 NAMES OF AMMA Bharati & Dinesh 0800 BHAJANS Habiba and Buddhenath
0930-1000	DAILY MORNING MEETING: SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help! GOATS' BREAKFAST 1000: Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.			
1000-1200	ASHTANGA YOGA Donna	NAAM YOGA Ian	1030 WLD WOOD ACTIVITIES Lauren. Meet main fire. BABYOGA toddlers welcome Tanya/Uma	BHAKTI RHYTHMS workshop Tom & Dinesh
1200-1400	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments. OUTSIDE IF FINE FROM 1300: KUNG FU PRACTICE with Wesley			1340-1400 YOGA NIDRA Uma & friends
1400-1600	AYURVEDIC YOGA VINYASAS Uma Yogini	LAUGHTER YOGA Carrie	FOREST WALKS meet main fire 1500 FAMILY FLYING FUN Uma YANTRAS & MANDALAS colouring	FIVE THOUSAND YEARS OF YOGA Discussion on history and philosophy of yoga. Barry
1630 - 1800	WOMB YOGA Uma From 1800: FREESTYLE ACRO YOGA with Ali	KASHMIR YOGA Veronika	TRAPEZE for Adults Lulu	1630-1700 HANUMAN CHALISA and DEVI PUJA (chanting) Uma 1700-1900 Available for therapist appointments
1900-2130	1930 SHAKTI DANCE Anjali		1930 EVENING BHAKTI YOGA (DEVOTIONAL SONG) in the BHAKTI DOME: EVENING BHAJANS Barry and friends All welcome, join us when you can and stay as long as you are able	
22.30	QUIET PLEASE EVERYONE. REALLY. QUIET. Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI			

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Time / Space	SATURDAY 4 th JUNE - SATURN'S DAY			
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.			
	EARTH/PRITHVI DOME	FIRE/AGNI DOME	SHANTI DOME/ VAYU	BHAKTI DOME/ AKASH
0700-0900	SCARAVELLI YOGA Claudia	AYURVEDIC YOGA VINYASA Uma Yogini	0830 Start PARENT & BABY YOGA Lucy	0630-0700 Silent Sitting, all welcome 0730 – 0800 108 NAMES OF AMMA Bharati & Dinesh 0800 BHAJANS Habiba and Buddhenath
0930-1000	DAILY MORNING MEETING: SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help! GOATS' BREAKFAST 1000: Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.			
1000-1200	ASHTANGA YOGA Jennie	SEASONAL YOGA Catherine	1030 WILD WOOD ACTIVITIES Lauren. Meet main fire.	BABY YOGA toddlers welcome teacher TBC
1200-1400	BAZAAR SANTOSA All afternoon outside or in the social space – bring & buy!	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments. OUTSIDE IF FINE FROM 1300: CAPOEIRA		1340-1400 YOGA NIDRA Uma & friends
1400-1600	YOGA FOR WELL-BEING Karen	WOMB YOGA Uma	TRAPEZE for Adults (outside) / Lulu 1515 SINGING for the fives & under/ Anna	TAIZÉ SINGING – 4 part Christian meditative chanting / Chrissie & friends. No experience necessary.
1630 - 1800	ACRO YOGA Ali	KASHMIR YOGA Veronika	KIDS ARTS & CRAFTS Nicole FAMILY FLYING FUN (outside) / Uma	1630-1700 HANUMAN CHALISA and DEVI PUJA (chanting) Uma 1700-1900 Available for therapist appointments
1930-2130	1930 SHAKTI DANCE Anjali		1930 EVENING BHAKTI YOGA (DEVOTIONAL SONG) BHAKTI DOME: BHAJANS & ARATI to AMMA / Bharati, Dinesh & friends. All welcome, join us when you can and stay as long as you are able	
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Time / Space	SUNDAY 5 th JUNE - SUN'S DAY			
Near mush -room	0430-0515: Dawn Mantra: 108 Gayatris; Hanuman Chalisa; Sundari Lahiri with Uma. All welcome. Come when you can; stay as long as you like. 0630-0700: Barefoot in the dew, daily morning dance/song/earth worship (Pawnee women's Dance of Life, plus other dancing fun...) Uma.			
	EARTH/PRITHVI DOME	FIRE/AGNI DOME	SHANTI DOME/ VAYU	BHAKTI DOME/ AKASH
0700-0900	SHADOW YOGA Sasha	KUNDALINI YOGA Anjali	0830 Start PARENT & BABY YOGA Lucy	0630-0700 Silent Sitting, all welcome 0730 - 0800 108 NAMES OF AMMA Bharati & Dinesh 0800 BHAJANS
0930-1000	DAILY MORNING MEETING: SHARING, SOCIAL AND CAMP BUSINESS, WITH CHAI AND BISCUITS ROUND THE MAIN FIRE (or inside Welcome tent if wet). Come along if you want to get involved or have something to share. KARMA YOGA OPPORTUNITIES! All crew present, lots of jobs if you want to help! GOATS' BREAKFAST 1000: Richard or Ryan feed the goats, pigs and sheep about this time everyday. Bring fruit & veggie scraps for the pigs if you like.			
1000-1200	FLUID YOGA Emma	SCARAVLLI YOGA Claudia	1030 WOODLAND WALK SINGING for under fives / Anna Optional BABYOGA on request to follow	1000 - 1100 BHAJANS Habiba & Buddhenath
1200-1400	LUNCHTIME 1200- 1400 LUNCHTIME Free domes available for healers and therapist appointments. OUTSIDE IF FINE FROM 1300: KUNG FU PRACTICE with Wesley			1340-1400 YOGA NIDRA Uma & friends
1400-1600		YIN YOGA Katriye	TRAPEZE for Adults (outside) / Lulu YANTRA & MANDALA COLOURING & KIDS CRAFTS teacher TBC	TAIZÉ SINGING – 4 part Christian meditative chanting / Chrissie & friends. No experience necessary.
1630 - 1800	PARTNER YOGA Ali	NAAM YOGA Ian	YOGA FOR WELL BEING Karen	1630-1700 HANUMAN CHALISA and DEVI PUJA (chanting) Uma 1700-1900 Available for therapist appointments
1930-2130	1900 - 1930 CLOSING CEREMONY MAIN FIRE		1930 CLOSING EVENING BHAKTI YOGA (DEVOTIONAL SONG) BHAKTI DOME: BHAJANS & UNIVERSAL ARATI with full bhakti team! All welcome, join us when you can and stay as long as you are able	
22.30	QUIET PLEASE EVERYONE. REALLY. QUIET. Please respect families with young children who all need their sleep. If you want to hang out, then do it around the main circle campfire <i>only</i> please, and keep it SHANTI SHANTI SHANTI			

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