

Vedic Chant Course

With Lucy Crisfield

Experience the healing effect of call and response chanting

Authentic, ancient and powerful: meditative sound practice to promote concentration, connection and liberation

Both Yogic and Vedic texts describe sound as being the most subtle and profound medium through which to raise consciousness. Experience and learn the art of chanting the Vedas; texts presented in Sanskrit which contain a wisdom that is timeless. Feel the power of the Sanskrit words as they take you on a journey deep inside yourself allowing you to connect with your unique sound.



- Course of 6 workshops in Stroud starting October 2011
- For more details contact: lucycrisfield@gmail.com, 07791 588 597
- Lucy Crisfield teaches in the Lineage of Sri Krishnamacharya